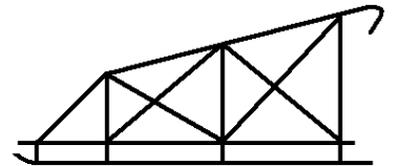
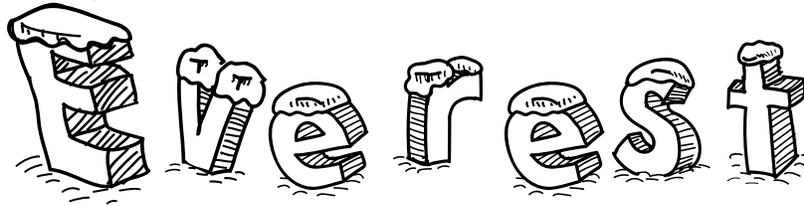


# Nevada Area Council, BSA

Sierra Nevada District

Zephyr District



**Saturday, February 6, 2021**

**Spoooner Lake State Park, Nevada**

Registration available at [nevadabsa.org](http://nevadabsa.org)

**A day of Scouting activities**

**Focusing on Cold Weather Skills & Fun**

**BSA Scouts and Arrow of Light Dens**

Activities will begin at prescheduled times and locations per patrol  
Hand washing stations at each location : Social Distancing : Masks in Use

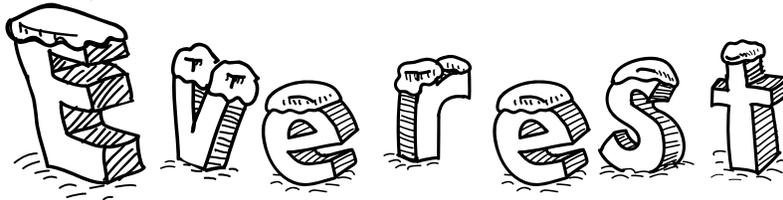
for more information, Contact:

Chris Yount: [chris@gaviotacapital.com](mailto:chris@gaviotacapital.com)

Ray Ritch: [ray@ritch.net](mailto:ray@ritch.net)

OR Tammy Rodeback: [tammy.rodeback@scouting.org](mailto:tammy.rodeback@scouting.org)

Nevada Area Council      500 Double Eagle Court, Reno, Nevada 89521  
775.787.1111      [nevadabsa.org](http://nevadabsa.org)



### West NAC - Klondike Derby 2021

**Date:** Saturday, February 6, 2021

**Where:** Spooner Lake State Park

On Highway 28, Just North of intersection with Highway 50. 13.5 miles West of Carson City.

*Look for BSA sign at campground entrance*

**REGISTER EARLY**

Registration: \$10 per Scouts, BSA, Arrow of Light Scouts (2<sup>nd</sup> Year Webelos), Adults  
\$5 per Staff Member

**Registration Closes on 31 January, 2021 at Midnight**

Late Registrations must be approved by Camp Director, Chris Yount, (775) 843-6771

Scouts and Scouters, it's time for some winter competition in the snow.

Join us in this years Everest Adventure where it's Scout against the elements!

The attached story illustrates the challenges and determination behind Conquering Everest!

Come prepared to survive the elements, race, and compete in cold-weather events.

Teach, learn and relearn the skills for each event. This will increase unity in your patrol and enhance Scouting skills and confidence as a team and as individuals.

**Planned Events include:**

- String Burning (Height)
- Snowshoe Race (Obstacle Course)
- Fire building & Flapjack
- Compass/Orientation course
- Knots/Lashings
- Snow Snake
- First Aid/ Rescue Missions
- Sled Race

**Patrol equipment to bring for event activities:**

- |                  |                            |              |                    |
|------------------|----------------------------|--------------|--------------------|
| Scout Essentials | Flags (Troop, Patrol)      | Pencil/Paper | Klondike Sled      |
| Matches          | Small frying pan           | Spatula      | Fork               |
| Compass          | Kindling to build fires(2) | Snow Snake   | First Aid supplies |
| Blanket & Staves |                            |              |                    |

**Sack lunch for each attendee**

**Arrow of Light Cubs:** will be able to learn the skills listed above.

Come prepared for cold weather and lots of fun!

**\*\*\*Be Prepared\*\*\***

Nevada Area Council

## **Health & Safety Checkpoints:**

Open at 7:00 a.m. at Spooner Lake State Park entrance. Adult Staff will conduct the screening using the questions below. (It is strongly suggested that units conduct the same screening when meeting before leaving for event in case unit needs to stay home). In order to limit social distancing problems, units will be assigned to different stations (A-G) for Event 1, then rotate throughout the day.

### HEALTH/SAFETY SCREENING QUESTIONS

- Have you travelled outside of your California/Nevada home area in the last 30 days?
  - If you have returned within the last 30 days, have you tested negative or quarantined for at least 10 days?
- Have you had contact or been exposed to anyone who has been confirmed as Coronavirus-Covid 19 positive? Have you subsequently tested negative?
- Do you have a cough or have been sick in the last 14 days? (Other than preexisting conditions e.g. Asthma)
- Temperatures will be screened using provided Non-contact Thermometers. Units with an individual with a fever higher than 99.8 will have to return home.

**Who:** Registered members of Scouts, BSA. Registered leaders, adult drivers, two-deep leaders, staff members (may be Senior Scouts, OA, and Adults). Arrow of Light Scouts (5th grade Cubs) are welcome to participate. Sorry Webelos Cubs (4th grade Cubs) you'll need to wait till next year.

# Everest

Ever since Sir George Everest surveyed the mountain in 1841, declaring it the tallest in the world, Mt. Everest has held an irresistible appeal as the ultimate challenge. It has captured the imagination of generations of adventurers. People who wanted to push themselves, to learn their limits, and face the ultimate test.

Over 4,000 people have successfully made it to the lofty summit of 29,032ft since it was first done by Sir Edmund Hillary from New Zealand and a Sherpa, Tenzing Norgay from Nepal on May 29, 1953. Many scouts have even accomplished this feat. Notably, Eagle Scout Matt Moniz, made the top at 20 years old in 2018 (pictured below)

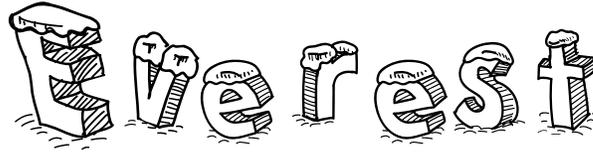


Today you continue the same grand tradition embodied in scouting.

Honing your skills, preparing your bodies, and sharpening your resolve to be prepared for any challenge ahead. Even the greatest challenge, like climbing Mt. Everest. Good luck!

## Event Introductions

- A) **Fire building & Flapjack:** When climbing Mt. Everest, mountaineers can burn 10,000 calories a day (up to 20,000 on the day they make the summit). That is 10 times as much as a normal adult eats! All that hard work means they need to eat a lot and FAST. In this challenge you will rush to build a fire and cook some much-needed calories in the form of a flapjack to help you on your adventure.
- B) **First Aid/Rescue Mission:** Over 300 people have died in their attempts to climb Mt. Everest. Because of how difficult the terrain is, many of their bodies are still up on the mountain. Those poor climbers would have been better off with a well-trained scout on the mountain with them. Now, you will practice rescuing an injured climber and bringing them back to base camp.
- C) **Knots and Lashings:** A mountain climber is only as good as the ropes they bring and the knots they tie. On Mt. Everest, proper knot tying is literally the difference between life and death. Show us you have what it takes to climb the mountain safely by demonstrating the proper tying of these knots and lashings.
- D) **String burning:** The average temperature at the summit of Mt. Everest is -35F with winds that can sustain at 74 MPH (that is a category 1 hurricane!). In such conditions, getting warm is critical and you need to do it quickly. Demonstrate your skills by building a fire that can burn through the twine as fast as you can!
- E) **Compass/Orientation Course:** There are 17 different routes up to the top of Mt. Everest though most climbers only use 2 of them. Depending on the path you take it can be an 80-mile round trip from the bottom to the top. This is not a place where you want to get lost, use your compass and orienteering skills to safely navigate the course.
- F) **Snowshoe Obstacle course:** Snowshoes can be very helpful as part of your climb in the permanently buried Everest slopes. Race with different team members to look behind the marked trees and retrieve a number. When you have all 5 numbers, you will arrange them to indicate the height of the summit of Mt. Everest.
- G) **Sled Race:** Sleds are used around the lower base camps to help move supplies and climbers, easing some of the burden of climbing the tallest mountain in the world. Use your sled to quickly transport a teammate around the course and show us you are ready to intern as a Sherpa!
- H) **Snow Snake:** It is said that a fearsome beast roams the slopes of Mt. Everest. Some call it a monster. Some call it Yeti. And some call it the Abominable Snowman. Whatever you call it, that thing is dangerous. Rumor has it, the beast is afraid of snakes. Practice hurling your snow snakes as far as you can to defend your team from the mythical monster!



## West Klondike

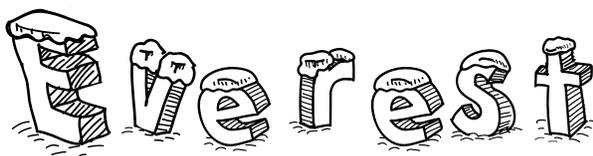
### Saturday, February 6, 2021

- 7:00 Registration/Health Check Opens
- 8:00 Event 1 Stations: Opening Ceremony at each station.
- 8:15 Event 1 begins
- 9:15 Move to Event 2 Stations
- 9:30 Event 2 begins
- 10:30 Move to Event 3 Stations
- 10:45 Event 3 begins
- 11:45 Unit Sack Lunches at Event 3 Station
- 12:15 Move to Event 4 Stations
- 12:30 Event 4 begins
- 1:30 Move to Event 5 Stations
- 1:45 Event 5 begins
- 2:45 Move to Event 6 Stations
- 3:00 Event 6 begins
- 4:00 Move to Event 7 Station
- 4:15 Event 7 begins
- 5:15 Clean and Clear final station

No later than 5:45 Head out for Home – Safely & Carefully

**NOTE: UNITS MUST BRING THEIR OWN WATER**

- **ALL VEHICLES MUST BE PARKED FACING OUT**
  - **LANES FOR EMERGENCY VEHICLE INGRESS AND EGRESS MUST BE MAINTAINED**
  - **ALL CAMPFIRES MUST BE IN METAL CONTAINERS/BARRELS or CAMPFIRE RING**
- ALL ASHES NOT IN A CAMPFIRE RING MUST BE REMOVED FROM THE CAMPGROUND**



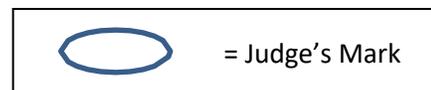
# Scoresheet

Troop \_\_\_\_\_

Patrol \_\_\_\_\_

## Planned Events include:

- String Burning
- First Aid/ Rescue Missions
- Knots/Lashings
- Fire building & Flapjack
- Compass/Orientation course
- Snowshoe Obstacle Course
- Sled Race
- Snow Snake (conditions allowing)



### A. Fire Building & Flapjack (Timed & Scored)

20 Points \_\_\_\_\_

1. Begin time \_\_\_\_\_
2. Build a small fire. (5 points) \_\_\_\_\_
3. Prepare a flapjack (5 points) \_\_\_\_\_
4. Eat flapjack (5 points) \_\_\_\_\_
5. Return area to Leave No Trace level (5 points) \_\_\_\_\_
6. Time recorded \_\_\_\_\_

Time Recorded \_\_\_\_\_



### B. First Aid/Rescue Mission (Scored)

25 Points \_\_\_\_\_

1. Arrival at Base Camp
2. Receive emergency communication concerned stranded, injured climbers
3. Travel to site, provide first aid (15 points) \_\_\_\_\_
4. Transport victims to 'Base Camp' (10 points) \_\_\_\_\_



### C. Knots/Lashings (Scored)

20 Points \_\_\_\_\_

1. Square Knot (2 points) \_\_\_\_\_
2. Bowline (2 points) \_\_\_\_\_
3. Two half hitches (2 points) \_\_\_\_\_
4. Taut line hitch (2 points) \_\_\_\_\_
5. Overhand knot (2 points) \_\_\_\_\_
6. Square lashing (5 points) \_\_\_\_\_
7. Diagonal Lashing (5 points) \_\_\_\_\_



### D. String Burning (Timed and scored)

10 Points \_\_\_\_\_

1. Begin time \_\_\_\_\_
2. Build fire with materials no higher than 9 inches
3. Once fire is lit, scouts cannot touch it again
4. Burn twine at 18 inches (10 points)
5. Time recorded \_\_\_\_\_

Time Recorded \_\_\_\_\_



**E. Compass/Orientation Course (Timed and scored)**

**20 Points**

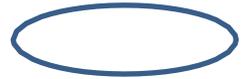
1. Begin time \_\_\_\_\_

**Time Recorded** \_\_\_\_\_

2. Complete Course

a. 1 point deduction for every 5 feet from end point - \_\_\_\_\_

3. Time Recorded \_\_\_\_\_



**F. Snowshoe Obstacle Course (Timed)**

**Time Recorded** \_\_\_\_\_

1. Begin Time \_\_\_\_\_

2. One person begins course after putting on snowshoes

3. Take off snowshoes and hand to next person

4. **Six** Scouts complete course (If less than 6, go again till 6)

5. Time Recorded \_\_\_\_\_



**G. Sled Race**

**10 Points** \_\_\_\_\_

1. Begin time \_\_\_\_\_

**Time Recorded** \_\_\_\_\_

2. Time recorded \_\_\_\_\_ (10 points)



**H. Snow Snake (Camp wide Distance)**

**Patrol Distance** \_\_\_\_\_

4. Six Scouts throw Snow Snake

**TOTAL POINTS** \_\_\_\_\_

#1 \_\_\_\_\_ Feet

#2 \_\_\_\_\_ Feet

#3 \_\_\_\_\_ Feet

#4 \_\_\_\_\_ Feet

#5 \_\_\_\_\_ Feet

#6 \_\_\_\_\_ Feet

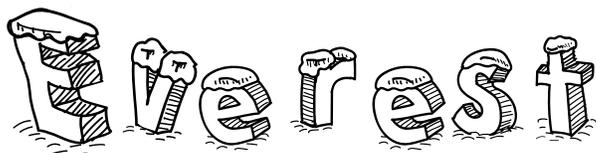
TOTAL \_\_\_\_\_ feet



Same rule as snowshoe race if less than 6 scouts

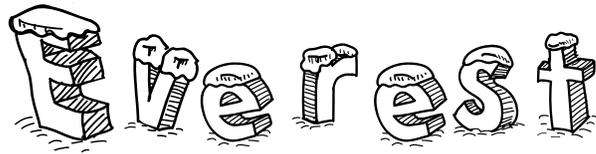
Points are awarded by camp wide patrol rankings (1st – 20 points, 2<sup>nd</sup> – 19 points, etc.)

TROOP \_\_\_\_\_ PATROL \_\_\_\_\_



## Competition Score Tally

	Points	Time
A. Fire building & Flapjack	_____	_____
B. First Aid/Rescue Mission	_____	
C. Knots/Lashing	_____	
D. String Burning	_____	_____
E. Compass/Orientation Course	_____	_____
F. Snowshoe Obstacle		_____
G. Sled Race		_____
H. Snow Snake	_____	
<b>Total</b>	_____	_____



# Klondike 2021 Unit Roster

## TURN IN UPON ARRIVAL

Scouts, BSA Troop/Pack/Crew/Post # \_\_\_\_\_

\_\_\_\_\_ Patrol

\_\_\_\_\_ Patrol

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Adults

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# COVID-19

## Nevada Area Council Acknowledgement and Consent Form ASSUMPTION OF EXPOSURE AND INHERENT RISK, RELEASE OF LIABILITY, WAIVER OF CLAIMS, AND DECLARATION

I, \_\_\_\_\_, hereby consent for myself and my child to participate in any NAC/unit activities (the “**Activity**”) sponsored by B.S.A. \_\_\_\_\_ (the “**Unit**”), chartered by \_\_\_\_\_ Unit \_\_\_\_\_ (the “**Chartering Organization**”) during the COVID-19 pandemic.

Child's Name \_\_\_\_\_

Date of Birth: \_\_\_\_\_

COVID-19. COVID-19 is a highly contagious mild to severe upper respiratory disease caused by the virus SARS-CoV-2 (“**COVID-19**”).

Potential Exposure. I understand that COVID-19 is considered highly contagious and is primarily spread from person to person, including asymptomatic persons. COVID-19 is more likely to be spread when people are within approximately six feet of one another. I understand that while attending the Activity I will be within six feet of other people.

Inherent Risks. Exposure to COVID-19 includes certain risks, not all of which can be described herein, but may include coughing, shortness of breath, difficulty breathing, fever, chills, shaking, muscle pain, headache, sore throat, loss of taste or smell, pain or pressure in the chest, confusion, inability to wake, and death.

Assumption of COVID-19 Exposure and Inherent Risks. I have read the previous statements regarding COVID-19 exposure and risks (“**COVID-19 Exposure**”) inherent in attending the Activity. I understand and appreciate the COVID-19 Exposure inherent in attending the Activity and that health-related reactions may manifest as a result of attending the Activity. I agree that my or my child's attendance at the Activity is voluntary and hereby knowingly assume the risk of any and all COVID-19 Exposure.

Waiver and Release. In consideration of being allowed to participate in the Activity, and for other good and valuable consideration, the receipt and sufficiency of which I hereby acknowledge, and on behalf on myself, my child and my estate, heirs, and assigns, I knowingly, and with informed consent, do hereby waive and release any and all claims against the Boy Scouts of America, the Nevada Area Council of the Boy Scouts of America, the Unit, the Chartering Organization, and all of their respective executives, employees, officers, volunteers, agents, owners, affiliates, directors, partners, managers, members, and agents (collectively, “**Released Parties**”), that may arise from any COVID-19 Exposure and my participation in the Activity that involve any damage, loss, or injury to me. I promise not to sue any of the Released Parties for any such demands, claims, or liability. This waiver, release, and promise not to sue shall apply to any and all claims of negligence, but does not apply to any claims of criminal conduct, gross negligence, or willful misconduct.

Declaration. I declare that neither I, nor my participating child, nor any individual residing in the same home as me will knowingly participate in any Scouting activity sick or when showing any symptoms of COVID-19 and will notify Scouting Leaders if we have any symptoms. We also agree to abide by all local, state, and federal guidelines along with any Boy Scouts of America guidelines.

This document is revocable, prospectively only, by a writing signed by me that bears the date the revocation is delivered to the Unit.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Home Phone

\_\_\_\_\_  
Cell Phone

## Media Publicity and Release

I hereby assign and grant to the Boy Scouts of America the right and permission to use and publish the photographs/video tapes/electronic representations and/or sound recordings made of myself and my child(ren) at NAC properties/events. I also hereby release the Boy Scouts of America from any and all liability from such use and publication.

I hereby authorize the reproduction, sale, copyright, exhibit, broadcast, electronic storage and/or distribution of said photographs/video tapes/electronic representations and/or recordings without limitation at the discretion of the Boy Scouts of America and I specifically waive any right to any compensation I may have for any of the foregoing.

Authorization

Version 2020.08.06

I hereby authorize and give consent for my child(ren) to participate at Nevada Area Council (NAC) properties/events and understand and give consent with acknowledgement to the and Media Publicity section of this document.

Unit Type: \_\_\_\_\_ Unit Number: \_\_\_\_\_

Child(ren) Name(s): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name of Parent: \_\_\_\_\_

Date:        /        /        Parent Signature: \_\_\_\_\_

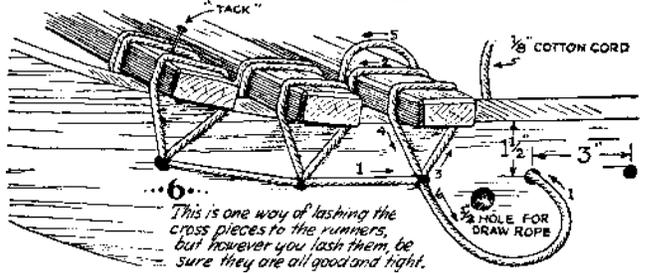
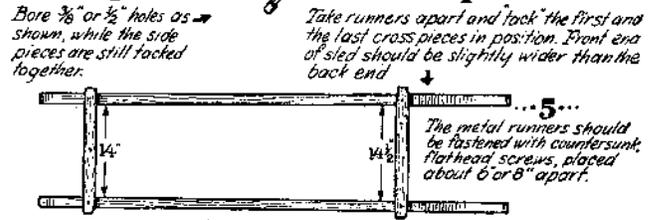
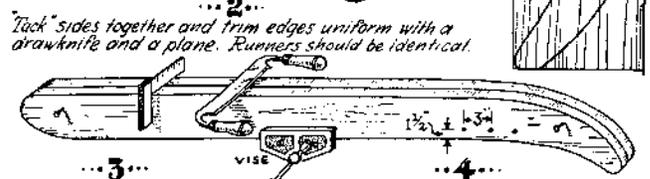
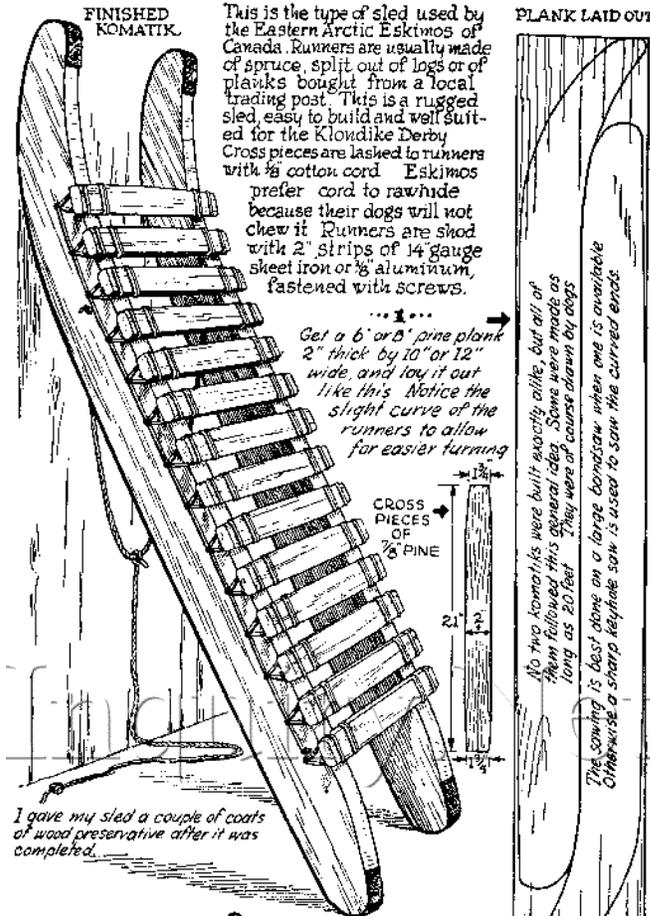
A photocopy or facsimile of this written consent will serve as an original.

# ESKIMO KOMATIK

By BEN HUNT

# Sled Plan Ideas

(Just a thought, but the well prepared patrol might want to have a way to put wheels on their sled)

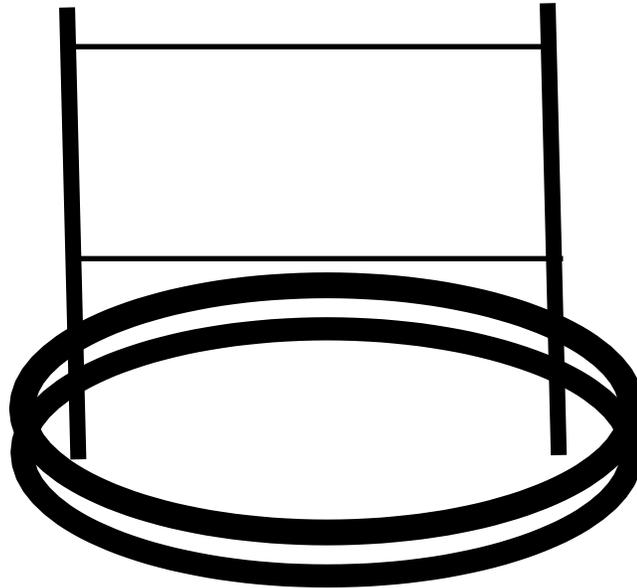


# Fire building Design

18" Burn Line —

9" Burn Line —

Fire Pit —



## Snow Snake

### Required:

8 foot long 2x2 or 2x4 board.  
Sandpaper, paint, ski wax, lead.



### Instructions:

Snow snakes are carved wooden staves slid across an icy stretch to see who can slide the farthest. This is a native American contest that is great fun at a Klondike Derby or Winter campout that has snow or frozen lake.

**Build the Snow Snake:** Each patrol or scout should create their own snow snake. The board should be sawn and sanded down so it is from 5 to 7 feet long with a 4 inch long head. The snake is 3/4 to 1 inch wide and 1/2 inch high for the length of the body. The head should be from 1 1/2 to 2 inches tall. Using a 2x2 fir strip as the blank works well, or rip cut a 2x4.

You can drill eyes in the head and fill with lead or a couple bolts for extra weight.

The underside of the snake is rounded and the back is flat. The bottom of the head should slope up like the front of a snow ski.

Each snake should be well sanded, especially the bottom. Then, painted and waxed for a smooth finish. (One scout created a beautiful one by woodburning and then varnishing and then waxing.)

**Building the Course:** On the day of the outing, a snow trough is created. The trough will be a long row of snow, perfectly straight, and about 2 feet high. The trough will be as long as we can make it with the people available - 200 yards is not too long!

Once the snow is piled up, a V trough down the center makes it as straight, even, and smooth as possible.

# Everest

Camp Director	Chris Yount
OA Lodge Advisor	Ross Armstrong
Host District	Sierra Nevada
District Chair	Chris Reddicks
District Commissioner	Keith Hastedt
Council Support	Tammy Rodeback, D.E.
Council Activities Chair	Ray Ritch

## ASSIGNMENTS

### EVENTS

- |    |                            |  |
|----|----------------------------|--|
| A. | Fire building & Flapjack   | Tannu Lodge, Order of the Arrow                        |
| B. | First Aid & Rescue Mission | Tannu Lodge, Order of the Arrow                        |
| C. | Knots/Lashings             |  |
| D. | String Burning             | Mel Williams (775.741.6233)<br>& Chris Whitbeck<br>Red |
| E. | Compass/Orientation Course |  |
| F. | Snowshoe Obstacle Course   | Eugene Cushing, Erielle Cushing                        |
| G. | Sled Race                  | Brent White  |
| H. | Snow Snake                 | Ken Kruse  |

